

LEICESTERSHIRE & RUTLAND FEDERATION OF WOMEN'S INSTITUTES

WI House, 135 Loughborough Road, Leicester, LE4 5LQ

Telephone: 0116 266 1342 E-mail: wihouse@lrfwi.org

Registered Charity Number 1016766

CHILDREN'S COOKERY COMPETITION

To be staged at the Annual Council Meeting on Saturday, 28th March 2026
The Leicester Grammar School, London Road, Great Glen, Leics LE8 9FL

SCHEDULE:

“HONEY COOKIES”

(recipe provided overleaf)

2 age classes: 7 years and under; 8 years to 15 years

RULES:

1. Competitors may only enter one item.
2. It is recommended that all bakery items be displayed on a china or pottery plate not paper, and all items are covered with cling film or are in a clear polythene bag.
3. Exhibits to be brought to the Leicester Grammar School on **SATURDAY 28th March 2026** between **8.30am and 9.45am**. No entries will be accepted after this time.
4. Exhibits must be removed at the end of the meeting. The Federation will not be responsible for any exhibits left after the meeting.
5. The judges will be appointed by the Federation. The judge's decision will be final and no correspondence will be entered into.
6. Whilst every care will be taken with exhibits, the Federation cannot be held responsible for loss of or damage to exhibits during judging and/or display.
7. Judging will be in accordance with “On With The Show” 2021 edition a copy of which is available from WI House or on line and downloadable at MyWI.
8. Fee payable is 50p.
9. The winner in each class will receive a small prize

The entrance fee can be paid on the day but please let WI House know you are entering by completing the slip below and returning it to WI House by Friday 13th March 2026

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CONTACT NAME & ADDRESS:

7 years and under: 50p

8 years to 15 years: 50p

Fee to be paid when bringing the exhibit to venue on **SATURDAY 28th March 2026** between **8.30am and 9.45am**

Please return this form to WI House, 135 Loughborough Road, Leicester LE4 5LQ by Friday 13th March 2026

This is a fund-raising competition

CHILDREN'S COOKERY COMPETITION - Recipe

“HONEY COOKIES”

Ingredients:

100g/4oz unsalted butter
6 tbsp clear honey
50g/2oz caster sugar
1 tsp bicarbonate of soda

1 egg yolk
100g/4oz plain flour
100g/4oz sugar lumps

METHOD

Heat the oven to 200°C / 400°F / mark 6.

Melt the butter and pour it into a large bowl. As it begins to cool, stir in the honey, caster sugar, bicarb of soda and egg yolk. Add the sifted flour gradually and mix to form a firm dough. Roll rounded teaspoons of mixture on to a floured board. Coarsely crush the sugar lumps and dip the top of each ball into it. Place the balls on a baking sheet lined with non-stick baking parchment and bake for 12 minutes. Cool on a wire rack