



MENTAL HEALTH FIRST AID CHAMPION (8 HOURS)



Why sign up?



- ☒ Gain confidence to advocate for mental health awareness.
- ☒ Learn about mental health issues.
- ☒ Support positive well-being.

Takeaways:

- A certificate of attendance to say you are an MHFA Champion
- A manual to refer to whenever you need it.
- A helpful toolkit to support your own mental health
- Free to attend
- Travel expenses covered (up to £10)

HINCKLEY - OAKHAM - QUORN

Bookings opening soon - contact WI House.

DENMAN TRUST GRANT

